



## Amanda Edmiston BIOG

*'A dyed in the wool storyteller', former student of herbal medicine: Amanda Edmiston, comes from a long line of storytellers, plant people, writers and artists.*

Amanda says: 'I've always been fascinated by stories; I love how they reveal how we connect to each other and our environment and provide a safe place to explore elements of our lives!'

Over the past twelve years her storytelling has taken her on an incredible journey, she has woven words for Chelsea Physic Garden in London, taken Scottish folklore and regional plant use and legends to the National Museum of Rural Life and the Ashmolean museum in Oxford, created new fairy tales to share the experiences of staff and patients at a former mental hospital: The Crichton Trust and shared historical secrets concealed within stories at the Royal College of Physicians and Surgeons in Glasgow. She has also collected stories and memories of plant use from across rural Scotland with her Kist in Thyme projects.

Her recent project The Very Curious Herbal was inspired by the work done at the very end of the Scottish witch trials by the first woman to publish a herbal: Elizabeth Blackwell. It leads participants through a tangled world of fairy tales, folklore, magic, social history and herbal remedies using storytelling techniques to explore tastes, look at traditional remedies and share stories.

Amanda's first book "A Time Traveller's Herbal" is published by David and Charles and available in all the expected and unexpected places!

For more about Amanda and her work see her website:

[www.botanicafabula.co.uk](http://www.botanicafabula.co.uk)

Or follow her stories on social media [Facebook](#) [Twitter](#) and [Instagram](#)