

Amanda Edmiston 100 word BIOG

'A dyed in the wool storyteller', former student of herbal medicine: Amanda Edmiston, comes from a long line of storytellers, plant people, writers and artists.

Amanda says: 'I've always been fascinated by plants and the stories around them, I love how they reveal how we connect to each other and our natural environment through their use'.

Her sessions weave together facts, folklore, traditional tales, history and herbal remedies using storytelling techniques to create a rich multi-sensory tapestry which audiences have described as being like 'an enchanting and dynamic glimpse into a magical garden'.

For more about Amanda and her work see her website: <u>www.botanicafabula.co.uk</u>

Or follow her stories on social media <u>Facebook</u> <u>Twitter</u> and <u>Instagram</u>